Workbook for Designing a Process Evaluation

Produced for the

Georgia Department of Human Resources
Division of Public Health

By

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July 2002
What is process evaluation?

Process evaluation uses empirical data to assess the delivery of programs. In contrast to outcome evaluation, which assess the impact of the program, process evaluation verifies what the program is and whether it is being implemented as designed. Thus, process evaluation asks "what," and outcome evaluation asks, "so what?"

When conducting a process evaluation, keep in mind these three questions:

1. What is the program intended to be?
2. What is delivered, in reality?
3. Where are the gaps between program design and delivery?

This workbook will serve as a guide for designing your own process evaluation for a program of your choosing. There are many steps involved in the implementation of a process evaluation, and this workbook will attempt to direct you through some of the main stages. It will be helpful to think of a delivery service program that you can use as your example as you complete these activities.

Why is process evaluation important?

1. To determine the extent to which the program is being implemented according to plan
2. To assess and document the degree of fidelity and variability in program implementation, expected or unexpected, planned or unplanned
3. To compare multiple sites with respect to fidelity
4. To provide validity for the relationship between the intervention and the outcomes
5. To provide information on what components of the intervention are responsible for outcomes
6. To understand the relationship between program context (i.e., setting characteristics) and program processes (i.e., levels of implementation).
7. To provide managers feedback on the quality of implementation
8. To refine delivery components
9. To provide program accountability to sponsors, the public, clients, and funders
10. To improve the quality of the program, as the act of evaluating is an intervention.
Stages of Process Evaluation

1. Form Collaborative Relationships 3
2. Determine Program Components 4
3. Develop Logic Model* 3
4. Determine Evaluation Questions 6
5. Determine Methodology 11
6. Consider a Management Information System 25
7. Implement Data Collection and Analysis 28
8. Write Report**

Also included in this workbook:

a. Logic Model Template 30
b. Pitfalls to avoid 30
c. References 31

Evaluation can be an exciting, challenging, and fun experience

Enjoy!

* Previously covered in Evaluation Planning Workshops.
** Will not be covered in this expert session. Please refer to the Evaluation Framework and Evaluation Module of FHB Best Practice Manual for more details.
Forming collaborative relationships

A strong, collaborative relationship with program delivery staff and management will likely result in the following:

- Feedback regarding evaluation design and implementation
- Ease in conducting the evaluation due to increased cooperation
- Participation in interviews, panel discussion, meetings, etc.
- Increased utilization of findings

Seek to establish a mutually respectful relationship characterized by trust, commitment, and flexibility.

Key points in establishing a collaborative relationship:

- Start early. Introduce yourself and the evaluation team to as many delivery staff and management personnel as early as possible.
- Emphasize that THEY are the experts, and you will be utilizing their knowledge and information to inform your evaluation development and implementation.
- Be respectful of their time both in-person and on the telephone. Set up meeting places that are geographically accessible to all parties involved in the evaluation process.
- Remain aware that, even if they have requested the evaluation, it may often appear as an intrusion upon their daily activities. Attempt to be as unobtrusive as possible and request their feedback regarding appropriate times for on-site data collection.
- Involve key policy makers, managers, and staff in a series of meetings throughout the evaluation process. The evaluation should be driven by the questions that are of greatest interest to the stakeholders. Set agendas for meetings and provide an overview of the goals of the meeting before beginning. Obtain their feedback and provide them with updates regarding the evaluation process. You may wish to obtained structured feedback. Sample feedback forms are throughout the workbook.
- Provide feedback regarding evaluation findings to the key policy makers, managers, and staff when and as appropriate. Use visual aids and handouts. Tabulate and summarize information. Make it as interesting as possible.
- Consider establishing a resource or expert "panel" or advisory board that is an official group of people willing to be contacted when you need feedback or have questions.
Determining Program Components

Program components are identified by answering the questions who, what, when, where, and how as they pertain to your program.

Who: the program clients/ recipients and staff
What: activities, behaviors, materials
When: frequency and length of the contact or intervention
Where: the community context and physical setting
How: strategies for operating the program or intervention

BRIEF EXAMPLE:

Who: elementary school students
What: fire safety intervention
When: 2 times per year
Where: in students’ classroom
How: group administered intervention, small group practice

1. Instruct students what to do in case of fire (stop, drop and roll).
2. Educate students on calling 911 and have them practice on play telephones.
3. Educate students on how to pull a fire alarm, how to test a home fire alarm and how to change batteries in a home fire alarm. Have students practice each of these activities.
4. Provide students with written information and have them take it home to share with their parents. Request parental signature to indicate compliance and target a 75% return rate.

Points to keep in mind when determining program components

- Specify activities as behaviors that can be observed
- If you have a logic model, use the "activities" column as a starting point
- Ensure that each component is separate and distinguishable from others
- Include all activities and materials intended for use in the intervention
- Identify the aspects of the intervention that may need to be adapted, and those that should always be delivered as designed.
- Consult with program staff, mission statements, and program materials as needed.
Your Program Components

After you have identified your program components, create a logic model that graphically portrays the link between program components and outcomes expected from these components.

Now, write out a succinct list of the components of your program.

WHO:

WHAT:

WHEN:

WHERE:

HOW:
What is a Logic Model

A logical series of statements that link the problems your program is attempting to address (conditions), how it will address them (activities), and what are the expected results (immediate and intermediate outcomes, long-term goals).

Benefits of the logic model include:
♦ helps develop clarity about a project or program,
♦ helps to develop consensus among people,
♦ helps to identify gaps or redundancies in a plan,
♦ helps to identify core hypothesis,
♦ helps to succinctly communicate what your project or program is about.

When do you use a logic model

Use...

- During any work to clarify what is being done, why, and with what intended results

- During project or program planning to make sure that the project or program is logical and complete

- During evaluation planning to focus the evaluation

- During project or program implementation as a template for comparing to the actual program and as a filter to determine whether proposed changes fit or not.

This information was extracted from the Logic Models: A Multi-Purpose Tool materials developed by Wellsys Corporation for the Evaluation Planning Workshop Training. Please see the Evaluation Planning Workshop materials for more information. Appendix A has a sample template of the tabular format.
Determining Evaluation Questions

As you design your process evaluation, consider what questions you would like to answer. It is only after your questions are specified that you can begin to develop your methodology. Considering the importance and purpose of each question is critical.

BROADLY....

What questions do you hope to answer? You may wish to turn the program components that you have just identified into questions assessing:

- Was the component completed as indicated?
- What were the strengths in implementation?
- What were the barriers or challenges in implementation?
- What were the apparent strengths and weaknesses of each step of the intervention?
- Did the recipient understand the intervention?
- Were resources available to sustain project activities?
- What were staff perceptions?
- What were community perceptions?
- What was the nature of the interaction between staff and clients?

These are examples. Check off what is applicable to you, and use the space below to write additional broad, overarching questions that you wish to answer.
SPECIFICALLY ...

Now, make a list of all the specific questions you wish to answer, and organize your questions categorically. Your list of questions will likely be much longer than your list of program components. This step of developing your evaluation will inform your methodologies and instrument choice.

Remember that you must collect information on what the program is intended to be and what it is in reality, so you may need to ask some questions in 2 formats.

For example:
- How many people are intended to complete this intervention per week?"
- How many actually go through the intervention during an average week?"

Consider what specific questions you have. The questions below are only examples! Some may not be appropriate for your evaluation, and you will most likely need to add additional questions. Check off the questions that are applicable to you, and add your own questions in the space provided.

**WHO (regarding client):**
- Who is the target audience, client, or recipient?
- How many people have participated?
- How many people have dropped out?
- How many people have declined participation?
- What are the demographic characteristics of clients?
  - Race
  - Ethnicity
  - National Origin
  - Age
  - Gender
  - Sexual Orientation
  - Religion
  - Marital Status
  - Employment
  - Income Sources
  - Education
  - Socio-Economic Status
- What factors do the clients have in common?
- What risk factors do clients have?
- Who is eligible for participation?
- How are people referred to the program? How are the screened?
- How satisfied are the clients?

**YOUR QUESTIONS:**
WHO (Regarding staff):
- Who delivers the services?
- How are they hired?
- How supportive are staff and management of each other?
- What qualifications do staff have?
- How are staff trained?
- How congruent are staff and recipients with one another?
- What are staff demographics? (see client demographic list for specifics.)

YOUR QUESTIONS:

WHAT:
- What happens during the intervention?
- What is being delivered?
- What are the methods of delivery for each service (e.g., one-on-one, group session, didactic instruction, etc.)
- What are the standard operating procedures?
- What technologies are in use?
- What types of communication techniques are implemented?
- What type of organization delivers the program?
- How many years has the organization existed? How many years has the program been operating?
- What type of reputation does the agency have in the community? What about the program?
- What are the methods of service delivery?
- How is the intervention structured?
- How is confidentiality maintained?

YOUR QUESTIONS:

WHEN:
- When is the intervention conducted?
- How frequently is the intervention conducted?
- At what intervals?
- At what time of day, week, month, year?
- What is the length and/or duration of each service?
YOUR QUESTIONS:

WHERE:
- Where does the intervention occur?
- What type of facility is used?
- What is the age and condition of the facility?
- In what part of town is the facility? Is it accessible to the target audience? Does public transportation access the facility? Is parking available?
- Is child care provided on site?

YOUR QUESTIONS:

WHY:
- Why are these activities or strategies implemented and why not others?
- Why has the intervention varied in ability to maintain interest?
- Why are clients not participating?
- Why is the intervention conducted at a certain time or at a certain frequency?

YOUR QUESTIONS:
Validating Your Evaluation Questions

Even though all of your questions may be interesting, it is important to narrow your list to questions that will be particularly helpful to the evaluation and that can be answered given your specific resources, staff, and time.

Go through each of your questions and consider it with respect to the questions below, which may be helpful in streamlining your final list of questions.

Revise your worksheet/list of questions until you can answer "yes" to all of these questions. If you cannot answer "yes" to your question, consider omitting the question from your evaluation.

<table>
<thead>
<tr>
<th>Validation</th>
<th>Yes</th>
<th>No</th>
</tr>
</thead>
<tbody>
<tr>
<td>Will I use the data that will stem from these questions?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Do I know why each question is important and/or valuable?</td>
<td></td>
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</tr>
<tr>
<td>Is someone interested in each of these questions?</td>
<td></td>
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<tr>
<td>Have I ensured that no questions are omitted that may be important to someone else?</td>
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<tr>
<td>Is the wording of each question sufficiently clear and unambiguous?</td>
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<tr>
<td>Do I have a hypothesis about what the &quot;correct&quot; answer will be for each question?</td>
<td></td>
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<tr>
<td>Is each question specific without inappropriately limiting the scope of the evaluation or probing for a specific response?</td>
<td></td>
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<tr>
<td>Do they constitute a sufficient set of questions to achieve the purpose(s) of the evaluation?</td>
<td></td>
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</tr>
<tr>
<td>Is it feasible to answer the question, given what I know about the resources for evaluation?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Is each question worth the expense of answering it?</td>
<td></td>
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</tr>
</tbody>
</table>

Determining Methodology

Process evaluation is characterized by collection of data primarily through two formats:

1) Quantitative, archival, recorded data that may be managed by an computerized tracking or management system, and

2) Qualitative data that may be obtained through a variety of formats, such as surveys or focus groups.

When considering what methods to use, it is critical to have a thorough understanding and knowledge of the questions you want answered. Your questions will inform your choice of methods. After this section on types of methodologies, you will complete an exercise in which you consider what method of data collection is most appropriate for each question.

Do you have a thorough understanding of your questions?

Furthermore, it is essential to consider what data the organization you are evaluating already has. Data may exist in the form of an existing computerized management information system, records, or a tracking system of some other sort. Using this data may provide the best reflection of what is "going on," and it will also save you time, money, and energy because you will not have to devise your own data collection method! However, keep in mind that you may have to adapt this data to meet your own needs - you may need to add or replace fields, records, or variables.

What data does your organization already have?

Will you need to adapt it?

If the organization does not already have existing data, consider devising a method for the organizational staff to collect their own data. This process will ultimately be helpful for them so that they can continue to self-evaluate, track their activities, and assess progress and change. It will be helpful for the evaluation process because, again, it will save you time, money, and energy that you can better devote towards other aspects of the evaluation. Management information systems will be described more fully in a later section of this workbook.

Do you have the capacity and resources to devise such a system? (You may need to refer to a later section of this workbook before answering.)
Who should collect the data?

| Program Staff: | May collect data from activities such as attendance, demographics, participation, characteristics of participants, dispositions, etc; may conduct intake interviews, note changes regarding service delivery, and monitor program implementation. |

| Advantages: | Cost-efficient, accessible, resourceful, available, time-efficient, and increased understanding of the program. |
| Disadvantages: | May exhibit bias and/or social desirability, may use data for critical judgment, may compromise the validity of the program; may put staff in uncomfortable or inappropriate position; also, if staff collect data, may have an increased burden and responsibility placed upon them outside of their usual or typical job responsibilities. If you utilize staff for data collection, provide frequent reminders as well as messages of gratitude. |

| Evaluation staff: | May collect qualitative information regarding implementation, general characteristics of program participants, and other information that may otherwise be subject to bias or distortion. |

| Advantages: | Data collected in manner consistent with overall goals and timeline of evaluation; prevents bias and inappropriate use of information; promotes overall fidelity and validity of data. |
| Disadvantages: | May be costly and take extensive time; may require additional training on part of evaluator; presence of evaluator in organization may be intrusive, inconvenient, or burdensome. |

Given all of this, what thoughts do you have on who should collect data for your evaluation? Program staff, evaluation staff, or some combination?
When should data be collected?

Soon after a program has begun

Descriptive information on program characteristics that will not change; information requiring baseline information

During the intervention

Ongoing process information such as recruitment, program implementation

After the intervention

Demographics, attendance ratings, satisfaction ratings

Conducting the evaluation according to your timeline can be challenging. Consider how much time you have for data collection, and make decisions regarding what to collect and how much based on your timeline.

In many cases, outcome evaluation is not considered appropriate until the program has stabilized. However, when conducting a process evaluation, it can be important to start the evaluation at the beginning so that a story may be told regarding how the program was developed, information may be provided on refinements, and program growth and progress may be noted.

If you have the luxury of collecting data from the start of the intervention to the end of the intervention, space out data collection as appropriate. If you are evaluating an ongoing intervention that is fairly quick (e.g., an 8-week educational group), you may choose to evaluate one or more "cycles."

How much time do you have to conduct your evaluation?

How much time do you have for data collection (as opposed to designing the evaluation, training, organizing and analyzing results, and writing the report?)

Is the program you are evaluating time specific?

How long does the program or intervention last?

At what stages do you think you will most likely collect data?
Before you consider methods
A list of various methods follows this section. Before choosing what methods are most appropriate for your evaluation, review the following questions. (Some may already be answered in another section of this workbook.)

- What questions do I want answered? (see previous section)
- Does the organization already have existing data, and if so, what kind?
- Does the organization have staff to collect data?
- What data can the organization staff collect?
- Must I maintain anonymity (participant is not identified at all) or confidentiality (participant is identified but responses remain private)? This consideration pertains to existing archival data as well as original data collection.
- How much time do I have to conduct the evaluation?
- How much money do I have in my budget?
- How many evaluation staff do I have to manage the data collection activities?
- Can I (and/or members of my evaluation staff) travel on site?
- What time of day is best for collecting data? For example, if you plan to conduct focus groups or interviews, remember that your population may work during the day and need evening times.
# Types of methods

A number of different methods exist that can be used to collect process information. Consider each of the following, and check those that you think would be helpful in addressing the specific questions in your evaluation. When "see sample" is indicated, refer to the pages that follow this table.

<table>
<thead>
<tr>
<th>Method</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Activity, participation, or client tracking log</td>
<td>Brief record completed on site at frequent intervals by participant or deliverer. May use form developed by evaluator if none previously exists. Examples: sign in log, daily records of food consumption, medication management.</td>
</tr>
<tr>
<td>Case Studies</td>
<td>Collection of in-depth information regarding small number of intervention recipients; use multiple methods of data collection.</td>
</tr>
<tr>
<td>Ethnographic analysis</td>
<td>Obtain in-depth information regarding the experience of the recipient by partaking in the intervention, attending meetings, and talking with delivery staff and recipients.</td>
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<tr>
<td>Expert judgment</td>
<td>Convene a panel of experts or conduct individual interviews to obtain their understanding of and reaction to program delivery.</td>
</tr>
<tr>
<td>Focus groups</td>
<td>Small group discussion among program delivery staff or recipients. Focus on their thoughts and opinions regarding their experiences with the intervention.</td>
</tr>
<tr>
<td>Meeting minutes (see sample)</td>
<td>Qualitative information regarding agendas, tasks assigned, and coordination and implementation of the intervention as recorded on a consistent basis.</td>
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<tr>
<td>Observation (see sample)</td>
<td>Observe actual delivery in vivo or on video, record findings using check sheet or make qualitative observations.</td>
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<tr>
<td>Open-ended interviews – telephone or in person</td>
<td>Evaluator asks open questions (i.e., who, what, when, where, why, how) to delivery staff or recipients. Use interview protocol without preset response options.</td>
</tr>
<tr>
<td>Questionnaire</td>
<td>Written survey with structured questions. May administer in individual, group, or mail format. May be anonymous or confidential.</td>
</tr>
<tr>
<td>Record review</td>
<td>Obtain indicators from intervention records such patient files, time sheets, telephone logs, registration forms, student charts, sales records, or records specific to the service delivery.</td>
</tr>
<tr>
<td>Structured interviews – telephone or in person</td>
<td>Interviewer asks direct questions using interview protocol with preset response options.</td>
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</tbody>
</table>
**Sample activity log**

This is a common process evaluation methodology because it systematically records exactly what is happening during implementation. You may wish to devise a log such as the one below and alter it to meet your specific needs. Consider computerizing such a log for efficiency. Your program may already have existing logs that you can utilize and adapt for your evaluation purposes.

<table>
<thead>
<tr>
<th>Code</th>
<th>Service</th>
<th>Date</th>
<th>Location</th>
<th># People</th>
<th># Hours</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
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</tbody>
</table>
Meeting Minutes

Taking notes at meetings may provide extensive and invaluable process information that can later be organized and structured into a comprehensive report. Minutes may be taken by program staff or by the evaluator if necessary. You may find it helpful to use a structured form, such as the one below that is derived from Evaluating Collaboratives, University of Wisconsin-Cooperative Extension, 1998.

Meeting Place: __________________ Start time: ____________
Date: _____________________________ End time: ____________

Attendance (names):

Agenda topic: _________________________________________________
Discussion: _____________________________________________________

Decision Related Tasks Who responsible Deadline
1.
2.
3.

Agenda topic: _________________________________________________
Discussion: _____________________________________________________

Decision Related Tasks Who responsible Deadline
1.
2.
3.

Sample observation log
Observation may occur in various methods, but one of the most common is hand-recording specific details during a small time period. The following is several rows from an observation log utilized during an evaluation examining school classrooms.

**CLASSROOM OBSERVATIONS (School Environment Scale)**

Classroom 1: Grade level _______________ (Goal: 30 minutes of observation)  
Time began observation: _____ Time ended observation:_______  
Subjects were taught during observation period: __________________

<table>
<thead>
<tr>
<th>PHYSICAL ENVIRONMENT</th>
<th>Question</th>
<th>Answer</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Number of students</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
| 2. Number of adults in room: | a. Teachers  
   b. Para-pros  
   c. Parents                     | Total:  
   a.  
   b.  
   c.  |
| 3. Desks/Tables       | a. Number of Desks  
   b. Number of Tables for students’ use  
   c. Any other furniture/include number (Arrangement of desks/tables/other furniture) | a.  
   b.  
   c.  |
| 4. Number of computers, type |                                                                           |        |
| 5. How are computers being used? |                                                                           |        |
| 6. What is the general classroom setup? (are there walls, windows, mirrors, carpet, rugs, cabinets, curtains, etc.) |        |
| 7. Other technology (overhead projector, power point, VCR, etc.) |                                                                           |        |
| 8. Are books and other materials accessible for students? |                                                                           |        |
| 9. Is there adequate space for whole-class instruction? |                                                                           |        |
| 12. What type of lighting is used? |                                                                           |        |
| 13. Are there animals or fish in the room? |                                                                           |        |
| 14. Is there background music playing? |                                                                           |        |
| 15. Rate the classroom condition  
   Poor    Average    Excellent |                                                                           |        |
| 16. Are rules/discipline procedures posted? If so, where? |                                                                           |        |
| 17. Is the classroom Noisy or Quiet?  
   Very Quiet                   Very Noisy |                                                                           |        |

**Choosing or designing measurement instruments**

- Consider using a resource panel, advisory panel, or focus group to offer feedback
regarding your instrument. This group may be composed of any of the people listed below. You may also wish to consult with one or more of these individuals throughout the development of your overall methodology.

Who should be involved in the design of your instrument(s) and/or provide feedback?

- Program service delivery staff / volunteers
- Project director
- Recipients of the program
- Board of directors
- Community leader
- Collaborating organizations
- Experts on the program or service being evaluated
- Evaluation experts

_________________________
_________________________
_________________________

Conduct a pilot study and administer the instrument to a group of recipients, and then obtain feedback regarding their experience. This is a critical component of the development of your instruments, as it will help ensure clarity of questions, and reduce the degree of discomfort or burden that questions or processes (e.g., intakes or computerized data entry) elicit.

How can you ensure that you pilot your methods? When will you do it, and whom will you use as participants in the study?

- Ensure that written materials are at an appropriate reading level for the population.
  Ensure that verbal information is at an appropriate terminology level for the population.
  A third or sixth-grade reading level is often utilized.

- Remember that you are probably collecting data that is program-specific. This may increase the difficulty in finding instruments previously constructed to use for questionnaires, etc. However, instruments used for conducting process evaluations of other programs may provide you with ideas for how to structure your own instruments.
**Linking program components and methods (an example)**

Now that you have identified your program components, broad questions, specific questions, and possible measures, it is time to link them together. Let's start with your program components. Here is an example of 3 program components of an intervention.

<table>
<thead>
<tr>
<th>Program Components and Essential Elements</th>
<th>Possible Process Measures</th>
</tr>
</thead>
<tbody>
<tr>
<td>There are six program components to M2M. There are essential elements in each component that must be present for the program to achieve its intended results and outcomes, and for the program to be identified as a program of the American Cancer Society.</td>
<td></td>
</tr>
</tbody>
</table>
| 1) Man to Man Self-Help and/or Support Groups  
The essential elements within this component are:  
- Offer information and support to all men with prostate cancer at all points along the cancer care continuum  
- Directly, or through collaboration and referral, offer community access to prostate cancer self-help and/or support groups  
- Provide recruitment and on-going training and monitoring for M2M leaders and volunteers  
- Monitor, track and report program activities |

- Descriptions of attempts to schedule and advertise group meetings  
- Documented efforts to establish the program  
- Documented local needs assessments  
- # of meetings held per independent group  
- Documented meetings held  
- # of people who attended different topics and speakers  
- Perceptions of need of survey participants for additional groups and current satisfaction levels  
- # of new and # of continuing group members  
- Documented sign-up sheets for group meetings  
- Documented attempts to contact program dropouts  
- # of referrals to other PC groups documented  
- # of times corresponding with other PC groups  
- # of training sessions for new leaders  
- # of continuing education sessions for experienced leaders  
- # and types of other on-going support activities for volunteer leaders  
- # of volunteers trained as group facilitators  
- Perceptions of trained volunteers for readiness to function as group facilitators
2) One-to-One Contacts

The essential elements within this component are:

- Offer one-to-one contact to provide information and support to all men with prostate cancer, including those in the diagnostic process
- Provide recruitment and on-going training and monitoring for M2M leaders and volunteers
- Monitor, track and report program activities

<table>
<thead>
<tr>
<th># of contact pairings</th>
</tr>
</thead>
<tbody>
<tr>
<td>Frequency and duration of contact pairings</td>
</tr>
<tr>
<td>Types of information shared during contact pairings</td>
</tr>
<tr>
<td># of volunteers trained</td>
</tr>
<tr>
<td>Perception of readiness by trained volunteers</td>
</tr>
<tr>
<td>Documented attempts for recruiting volunteers</td>
</tr>
<tr>
<td>Documented on-going training activities for volunteers</td>
</tr>
<tr>
<td>Documented support activities</td>
</tr>
</tbody>
</table>

3) Community Education and Awareness

The essential elements within this component are:

- Conduct public awareness activities to inform the public about prostate cancer and M2M
- Monitor, track and report program activities

| # of screenings provided by various health care providers/agencies over assessment period |
| Documented ACS staff and volunteer efforts to publicize the availability and importance of PC and screenings, including health fairs, public service announcements, billboard advertising, etc. |
| # of addresses to which newsletters are mailed |
| Documented efforts to increase newsletter mailing list |
Linking YOUR program components, questions, and methods

Consider each of your program components and questions that you have devised in an earlier section of this workbook, and the methods that you checked off on the "types of methods" table. Now ask yourself, how will I use the information I have obtained from this question? And, what method is most appropriate for obtaining this information?

<table>
<thead>
<tr>
<th>Program Component</th>
<th>Specific questions that go with this component</th>
<th>How will I use this information?</th>
<th>Best method?</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
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</tr>
<tr>
<td>Program Component</td>
<td>Specific questions that go with this component</td>
<td>How will I use this information?</td>
<td>Best method?</td>
</tr>
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</tr>
</tbody>
</table>
Data Collection Plan

Now let's put your data collection activities on one sheet - what you're collecting, how you're doing it, when, your sample, and who will collect it. Identifying your methods that you have just picked, instruments, and data collection techniques in a structured manner will facilitate this process.

<table>
<thead>
<tr>
<th>Method</th>
<th>Type of data (questions, briefly indicated)</th>
<th>Instrument used</th>
<th>When implemented</th>
<th>Sample</th>
<th>Who collects</th>
</tr>
</thead>
<tbody>
<tr>
<td>E.g.: Patient interviews in health dept clinics</td>
<td>Qualitative - what services they are using, length of visit, why came in, how long wait, some quantitative satisfaction ratings</td>
<td>Interview created by evaluation team and piloted with patients</td>
<td>Oct-Dec; days and hrs randomly selected</td>
<td>10 interviews in each clinic</td>
<td>Trained interviewers</td>
</tr>
</tbody>
</table>
Consider a Management Information System

Process data is frequently collected through a management information system (MIS) that is designed to record characteristics of participants, participation of participants, and characteristics of activities and services provided. An MIS is a computerized record system that enables service providers and evaluators to accumulate and display data quickly and efficiently in various ways.

<table>
<thead>
<tr>
<th>Question</th>
<th>YES</th>
<th>NO</th>
</tr>
</thead>
<tbody>
<tr>
<td>Will your evaluation be enhanced by periodic data presentations in tables or other structured formats? For example, should the evaluation utilize a monthly print-out of services utilized or to monitor and process recipient tracking (such as date, time, and length of service)?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Does the agency create monthly (or other periodic) print outs reflecting services rendered or clients served?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Will the evaluation be conducted in a more efficient manner if program delivery staff enter data on a consistent basis?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Does the agency already have hard copies of files or records that would be better utilized if computerized?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Does the agency already have an MIS or a similar computerized database?</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

If the answers to any of these questions are YES, consider using an MIS for your evaluation.

- If an MIS does not already exist, you may desire to design a database in which you can enter information from records obtained by the agency. This process decreases missing data and is generally efficient.

- If you do create a database that can be used on an ongoing basis by the agency, you may consider offering it to them for future use.
Information to be included in your MIS

Examples include:
- Client demographics
- Client contacts
- Client services
- Referrals offered
- Client outcomes
- Program activities
- Staff notes

Jot down the important data you would like to be included in your MIS.

Managing your MIS

What software do you wish to utilize to manage your data?

What type of data do you have?

How much information will you need to enter?

How will you ultimately analyze the data? You may wish to create a database directly in the program you will eventually use, such as SPSS?

Will you be utilizing lap tops?
If so, will you be taking them onsite and directly entering your data into them?

How will you download or transfer the information, if applicable?

What will the impact be on your audience if you have a laptop?

**Tips on using an MIS**

- If service delivery personnel will be collecting and/or entering information into the MIS for the evaluator's use, it is generally a good idea to provide frequent reminders of the importance of entering the appropriate information in a timely, consistent, and regular manner.

- For example, if an MIS is dependent upon patient data collected by public health officers daily activities, the officers should be entering data on at least a daily basis. Otherwise, important data is lost and the database will only reflect what was salient enough to be remembered and entered at the end of the week.

- Don't forget that this may be burdensome and/or inconvenient for the program staff. Provide them with frequent thank you's.

- Remember that your database is only as good as you make it. It must be organized and arranged so that it is most helpful in answering your questions.

- If you are collecting from existing records, at what level is the data currently available? For example, is it state, county, or city information? How is it defined? Consider whether adaptations need to be made or additions need to be included for your evaluation.

- **Back up your data** frequently and in at least one additional format (e.g., zip, disk, server).

- **Consider file security.** Will you be saving data on a network server? You may need to consider password protection.
- Allocate time for data entry and checking.
- Allow additional time to contemplate the meaning of the data before writing the report.
Implement Data Collection and Analysis

Data collection cannot be fully reviewed in this workbook, but this page offers a few tips regarding the process.

General reminders:

- THANK everyone who helps you, directs you, or participates in anyway.
- Obtain clear directions and give yourself plenty of time, especially if you are traveling long distance (e.g., several hours away).
- Bring all of your own materials - do not expect the program to provide you with writing utensils, paper, a clipboard, etc.
- Address each person that you meet with respect and attempt to make your meeting as conducive with their schedule as possible.

Most process evaluation will be in the form of routine record keeping (e.g., MIS). However, you may wish to interview clients and staff. If so:

- Ensure that you have sufficient time to train evaluation staff, data collectors, and/or organization staff who will be collecting data. After they have been trained in the data collection materials and procedure, require that they practice the technique, whether it is an interview or entering a sample record in an MIS.
- If planning to use a tape recorder during interviews or focus groups, request permission from participants before beginning. You may need to turn the tape recorder off on occasion if it will facilitate increased comfort by participants.
- If planning to use laptop computers, attempt to make consistent eye contact and spend time establishing rapport before beginning. Some participants may be uncomfortable with technology and you may need to provide education regarding the process of data collection and how the information will be utilized.
- If planning to hand write responses, warn the participant that you may move slowly and...
may need to ask them to repeat themselves. However, prepare for this process by
developing shorthand specific to the evaluation. A sample shorthand page follows.
Annual Evaluation Reports

The ultimate aim of all the Branch’s evaluation efforts is to increase the intelligent use of information in Branch decision-making in order to improve health outcomes. Because we understand that many evaluation efforts fail because the data are never collected and that even more fail because the data are collected but never used in decision-making, we have struggled to find a way to institutionalize the use of evaluation results in Branch decision-making.

These reports will serve multiple purposes:

♦ The need to complete the report will increase the likelihood that evaluation is done and data are collected.
♦ The need to review reports from lower levels in order to complete one’s own report hopefully will cause managers at all levels to consciously consider, at least once a year, the effectiveness of their activities and how evaluation results suggest that effectiveness can be improved.
♦ The summaries of evaluation findings in the reports should simplify preparation of other reports to funders including the General Assembly.

Each evaluation report forms the basis of the evaluation report at the next level. The contents and length of the report should be determined by what is most helpful to the manager who is receiving the report. Rather than simply reporting every possible piece of data, these reports should present summary data, summarize important conclusions, and suggest recommendations based on the evaluation findings. A program-level annual evaluation report should be ten pages or less. Many may be less than five pages. Population team and Branch-level annual evaluation reports may be longer than ten pages, depending on how many findings are being reported. However, reports that go beyond ten pages should also contain a shorter Executive Summary, to insure that those with the power to make decisions actually read the findings.

Especially, the initial reports may reflect formative work and consist primarily of updates on the progress of evaluation planning and implementation. This is fine and to be expected. However, within a year or two the reports should begin to include process data, and later actual outcome findings.

This information was extracted from the FHB Evaluation Framework developed by Monica Herk and Rebekah Hudgins.
### Suggested shorthand — a sample

The list below was derived for a process evaluation regarding charter schools. Note the use of general shorthand as well as shorthand derived specifically for the evaluation.

<table>
<thead>
<tr>
<th>Shorthand</th>
<th>Meaning</th>
</tr>
</thead>
<tbody>
<tr>
<td>CS</td>
<td>Charter School</td>
</tr>
<tr>
<td>Sch</td>
<td>School</td>
</tr>
<tr>
<td>Tch</td>
<td>Teacher, teach</td>
</tr>
<tr>
<td>P</td>
<td>Principal</td>
</tr>
<tr>
<td>VP</td>
<td>Vice Principal</td>
</tr>
<tr>
<td>Admin</td>
<td>Administration, administrators</td>
</tr>
<tr>
<td>DOE</td>
<td>Dept of Education</td>
</tr>
<tr>
<td>BOE</td>
<td>Board of Education</td>
</tr>
<tr>
<td>Comm</td>
<td>Community</td>
</tr>
<tr>
<td>Stud</td>
<td>Students, pupils</td>
</tr>
<tr>
<td>Kids</td>
<td>Students, children, teenagers</td>
</tr>
<tr>
<td>K</td>
<td>Kindergarten</td>
</tr>
<tr>
<td>Cl</td>
<td>Class</td>
</tr>
<tr>
<td>CR</td>
<td>Classroom</td>
</tr>
<tr>
<td>W</td>
<td>White</td>
</tr>
<tr>
<td>B</td>
<td>Black</td>
</tr>
<tr>
<td>AA</td>
<td>African American</td>
</tr>
<tr>
<td>SES</td>
<td>Socio-economic status</td>
</tr>
<tr>
<td>Lib</td>
<td>Library, librarian</td>
</tr>
<tr>
<td>Caf</td>
<td>Cafeteria</td>
</tr>
<tr>
<td>Ch</td>
<td>Charter</td>
</tr>
<tr>
<td>Conv</td>
<td>Conversion (school)</td>
</tr>
<tr>
<td>S-up</td>
<td>Start up school</td>
</tr>
<tr>
<td>App</td>
<td>Application, applied</td>
</tr>
<tr>
<td>ITBS</td>
<td>Iowa Test of Basic Skills</td>
</tr>
<tr>
<td>LA</td>
<td>Language arts</td>
</tr>
<tr>
<td>SS</td>
<td>Social Studies</td>
</tr>
<tr>
<td>QCC</td>
<td>Quality Core Curriculum</td>
</tr>
<tr>
<td>Pol</td>
<td>Policy, politics</td>
</tr>
<tr>
<td>Curr</td>
<td>Curriculum</td>
</tr>
<tr>
<td>LP</td>
<td>Lesson plans</td>
</tr>
<tr>
<td>Disc</td>
<td>Discipline</td>
</tr>
<tr>
<td>Girls, women, female</td>
<td></td>
</tr>
<tr>
<td>Boys, men, male</td>
<td></td>
</tr>
<tr>
<td>mst</td>
<td>Most</td>
</tr>
<tr>
<td>b/c</td>
<td>Because</td>
</tr>
<tr>
<td>st</td>
<td>Something</td>
</tr>
<tr>
<td>b</td>
<td>Be</td>
</tr>
<tr>
<td>e</td>
<td>See</td>
</tr>
<tr>
<td>r</td>
<td>Are</td>
</tr>
<tr>
<td>w/</td>
<td>When</td>
</tr>
<tr>
<td>@</td>
<td>At</td>
</tr>
<tr>
<td>~</td>
<td>About</td>
</tr>
<tr>
<td>=</td>
<td>Is, equals, equivalent</td>
</tr>
<tr>
<td>≠</td>
<td>Does not equal, is not the same</td>
</tr>
<tr>
<td>Sone</td>
<td>Someone</td>
</tr>
<tr>
<td>#</td>
<td>Number</td>
</tr>
<tr>
<td>$</td>
<td>Money, finances, financial, funding, expenses, etc.</td>
</tr>
<tr>
<td>+</td>
<td>Add, added, in addition</td>
</tr>
<tr>
<td>&lt;</td>
<td>Less than</td>
</tr>
<tr>
<td>&gt;</td>
<td>Greater/more than</td>
</tr>
<tr>
<td>??</td>
<td>What does this mean? Get more info on, I'm confused…</td>
</tr>
<tr>
<td>DWA</td>
<td>Don't worry about (e.g. if you wrote something unnecessary)</td>
</tr>
<tr>
<td>ψ</td>
<td>Psychology, psychologist</td>
</tr>
<tr>
<td>∴</td>
<td>Therefore</td>
</tr>
<tr>
<td>Δ</td>
<td>Change, is changing</td>
</tr>
<tr>
<td>mm</td>
<td>Movement</td>
</tr>
<tr>
<td>↑</td>
<td>Increases, up, promotes</td>
</tr>
<tr>
<td>↓</td>
<td>Decreases, down, inhibits</td>
</tr>
<tr>
<td>X</td>
<td>Times (e.g. many x we laugh)</td>
</tr>
<tr>
<td>+</td>
<td>Divided (we ÷ up the classrooms)</td>
</tr>
<tr>
<td>♥</td>
<td>Love, adore (e.g. the kids ♥ this)</td>
</tr>
<tr>
<td></td>
<td>Church, religious activity</td>
</tr>
<tr>
<td>O</td>
<td>No, doesn’t, not</td>
</tr>
<tr>
<td>1/2</td>
<td>Half (e.g. we took 1/2)</td>
</tr>
<tr>
<td>2</td>
<td>To</td>
</tr>
</tbody>
</table>
**Appendix A**

**Logic Model Worksheet**

<table>
<thead>
<tr>
<th>Population Team/Program Name</th>
<th>Date</th>
</tr>
</thead>
</table>

If the following **CONDITIONS**

And if the following **ACTIVITIES** are

Then these **SHORT-TERM OUTCOMES** may

And these **LONG-TERM OUTCOMES** may be

And these **LONG-TERM GOALS** can

be achieved...

be achieved...

be reached....
Appendix B

Pitfalls To Avoid

- Avoid heightening expectations of delivery staff, program recipients, policy makers, or community members. Ensure that feedback will be provided as appropriate, but may or may not be utilized.

- Avoid any implication that you are evaluating the impact or outcome. Stress that you are evaluating "what is happening," not how well any one person is performing or what the outcomes of the intervention are.

- Make sure that the right information gets to the right people - it is most likely to be utilized in a constructive and effective manner if you ensure that your final report does not end up on someone's desk who has little motivation or interest in utilizing your findings.

- Ensure that data collection and entry is managed on a consistent basis - avoid developing an evaluation design and then having the contract lapse because staff did not enter the data.
Appendix C

References

References used for completion of this workbook and/or that you may find helpful for additional information.

Centers for Disease Control and Prevention. 1995. Evaluating Community Efforts to Prevent Cardiovascular Diseases. Atlanta, GA.

Centers for Disease Control and Prevention. 2001. Introduction to Program Evaluation for Comprehensive Tobacco Control Programs. Atlanta, GA.


NIMH Overview of Needs Assessment. Chapter 3: Selecting the needs assessment approach.


Websites:
- www.cdc.gov/eval/resources
- www.eval.org (has online text books)
- www.wmich.edu/evalctr (has online checklists)
- www.preventiondss.org

When conducting literature reviews or searching for additional information, consider using alternative names for "process evaluation," including:
- formative evaluation
- program fidelity
- implementation assessment
- implementation evaluation
- program monitoring